## Discovering Your Family Values



## How to create your family vision statement.

- 1. Get a posterboard or tape several pieces of paper together.
- 2. Brainstorm ideas, letting everyone share their thoughts.
- 3. Answer the following questions:
  - What are things you think are important for us to do as a family?
  - What shouldn't we do as a family?
  - How do we like to spend time together as a family?
  - What do we really care about as a family?
  - What is our family "about"?
  - What are we good at?
  - What are some things we're working to improve on?
- 4. When you have the answers, challenge one another to come up with sentences or phrases that really express your family values.
- 5. See if you can all agree on one statement.
- 6. Write that statement on your poster/paper.
- 7. Decorate however you want to.
- 8. Hang it somewhere that the family can see it.

## **Example Poster**



