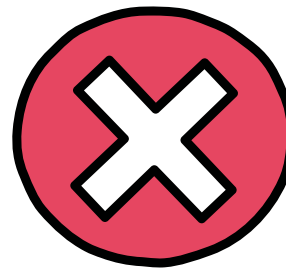


# Helping Kids Ask for a Pause

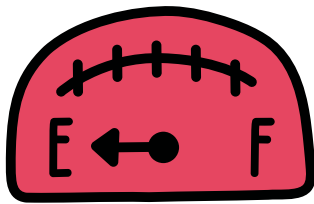
Share these to help a child let you know when they need a moment to collect themselves.

## BREAK CARDS

**BREAK**



I need a  
break.



Break, please.

**Break,  
please.**

I need a  
break.

**Break,  
please.**

