

Conversation Starters for Children Who Are Neurodiverse

- Ask one question at a time.
- Pause and wait patiently for them to answer.
- You may want to answer the question yourself first to show them an appropriate response.

Conversation Starters

What is something that makes you smile?

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Point to how you feel today (happy face, frown face, angry face)



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What is something that makes you feel unique or special?

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What is something that interest you?
Tell me more about it.

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Do you enjoy _____?
What do you enjoy about it?
What do you dislike about it?

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How did you feel when _____ happened?

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Show me something
you made/created/
worked on today.



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Would you rather fly or
be invisible?

Is there another
superpower you would
choose?



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Do you like animals?
What animal is your
favorite or least favorite?



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How big are your
feelings today?



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